

# Jeremiah's Story

**Jeremiah has discovered new sports, developed his skills and benefited from positive relationships at Active Fusion, while becoming calmer, more respectful and engaged with others.**



*"I like Active Fusion because we do different activities every day and I get to try sports that I haven't done before. I've got better at my skills and I really like playing tennis with everyone."*

**-Jeremiah**

For Jeremiah, being active has always been something he enjoys. Outside of school, he likes playing tennis at home with his sister, giving him a positive introduction to sport from an early age.

Joining Active Fusion's holiday camp has given Jeremiah the opportunity to experience physical activity in a completely different way.

Across the camp, Jeremiah has taken part in a wide variety of activities, including football, dodgeball, gymnastics, handball, netball, hockey, tennis, cricket, badminton and a range of team-building and problem-solving challenges.

The variety has allowed Jeremiah to discover new interests while developing skills across different sports. He particularly enjoys tennis and has embraced the opportunity to experiment with new techniques and challenge himself, even trying tricks such as hitting the ball through his legs.

He has also been able to recognise his own progress. Jeremiah has spoken about how his dribbling skills have improved and how he now feels more confident putting those skills into practice.

For Jeremiah, the experience of playing tennis through Active Fusion has also been different from playing at home. He has access to supportive coaches, better equipment and, importantly, the opportunity to play alongside different children.

This has helped turn something he already enjoyed into a wider experience of sport. He is not simply being given the chance to be active, but is learning new skills, meeting others, working as part of a team and experiencing the enjoyment that comes from improving.

The impact has also extended beyond Jeremiah's physical development.

Since first attending Active Fusion camps, staff have noticed a significant positive change in his behaviour. Jeremiah has become calmer and more respectful towards the people around him, demonstrating how structured, positive activities can support development in ways that go beyond the sport itself.

Through games and challenges, Jeremiah is regularly given opportunities to listen, cooperate, take turns, solve problems and work alongside his peers. These experiences help him develop positive relationships and understand the importance of being a supportive and respectful member of a group.

This is what makes Jeremiah's story so important. Active Fusion has provided him with more than opportunities to play sport. It has created an environment where he can discover what he enjoys, develop new skills and learn how to interact positively with those around him.

For Jeremiah, continuing to attend Active Fusion camps will give him the chance to build on this progress. With regular opportunities to try new activities, develop his sporting ability and spend time with other young people, he can continue developing both physically and socially.

His journey shows the wider value of creating accessible, engaging opportunities for children to be active. A young person may arrive because they want to play tennis or football, but through that experience they can develop skills, relationships and behaviours that stay with them long after the session ends.



*“Playing tennis at Active Fusion is better because I get to play with different people and the coaches help me learn new things. I’ve tried some new skills that I wouldn’t normally get to try at home.  
-Jeremiah*

