

## **Doncaster PE Conference Workshops 2026**

When completing your booking form please select 1 workshop from each section.  
Please see information for all workshops below.

### **Workshop 1 Slot – 10am-11.15am**

Choose one of the following -

#### **Move, Play, Explore - Outdoor Fun! - Plover Primary School**

Unlock the power of outdoor play in this energetic and solution focused workshop designed for practitioners who want to elevate children's movement opportunities outside. *Move, Play, Explore – Outdoor Fun!* invites delegates to rethink what purposeful outdoor activity can look like—no matter the size of their space, the weather, or the challenges they face.

Through interactive discussion and hands on exploration, participants will share practical ideas, discover creative approaches, and develop realistic strategies that make outdoor play more engaging, inclusive, and meaningful.

#### ***By the end of this workshop's delegates will:***

- *share ideas and realistic solutions for positive, engaging outdoor play.*
- *Identify and overcome barriers to promote purposeful movement outside.*

#### **Every Body Belongs: Practical strategies for more inclusive PE lessons**

Delivered by Angela Lydon, Inclusive PE advisor with over 23 years teaching experience in specialist settings.

PE is a statutory part of the curriculum, and every child has the right to participate. Inclusive PE ensures pupils with SEND are not excluded from a core area of learning, upholding fairness and equity. Early experiences of physical education can shape long-term behaviour habits and a PE curriculum that prioritises inclusivity, can help pupils with SEND to enjoy physical activity, build confidence, belonging and independence.

Throughout the workshop we will explore the normalisation of different adaptive PE methods and spend time exploring the 4 areas of SEND inspired by the areas outlined in the SEN Code of Practice: Physical, Cognition and Learning, Sensory and Social and Emotional.

#### ***By the end of this workshops delegates will:***

- Improve their confidence to adapt curriculum content to meet the needs of their pupils.

- Further empathise with SEND pupils and their lived experiences in PE
- Identify sensory needs and strategies to avoid sensory overload
- Understand where to access additional support and resources to ensure every pupil is fully included in Physical Education
- Be equipped with ideas and strategies for adapting PE activities for pupils with SEND.

## **Assessment and Pupil Progress in Physical Education**

This workshop provides practical and research informed understanding of how to design, implement and use assessment effectively to support -high quality learning in Physical Education. Delegates will explore what meaningful progress looks like across physical, cognitive, social and emotional domains, and how to develop assessment systems that are manageable for staff and meaningful for pupils. The session will cover a range of approaches—including formative assessment, skill progression mapping, adaptive assessment for SEND, and ways to evidence progress beyond participation—while also considering how to align assessment with curriculum intent and -whole school expectations. Through examples, tools and discussion, participants will leave with practical strategies to strengthen the consistency, clarity- and impact of PE assessment across their school.

By the end of this workshop, delegates will be able to:

- Define and apply clear models of progression in PE, identifying what pupils should know, understand and be able to do at different stages across the curriculum.
- Use a range of effective assessment approaches—including formative feedback, observation, skill tracking and pupil self assessment—to monitor-, support and evidence pupil progress.
- Design or refine a coherent assessment framework for PE that supports inclusive practice, aligns with curriculum goals, and provides meaningful information to pupils, teachers and school leaders.

## **Workshop 2 slot – 11.30am-12.40pm**

Choose one of the following -

### **Think you know school swimming.... think again! – Swim England and DCLT**

School swimming has evolved, has your school's swimming and water safety programme kept up?

Do you know how you can use play/lunchtimes to support the development of swimming skills?

Would you be able to confidently answer questions from external inspectors on how inclusive your swimming provision is and how it meets the needs of SEND pupils?

Do you feel you have the knowledge on how to maximise achievement for ALL pupils in swimming and understand the strategies to support this?

Dive into this dynamic and informative workshop designed to transform the way your school approaches swimming and water safety. Whether your school swims with an external swimming lesson provider or whether your colleagues teach school swimming, this session will challenge assumptions, spark new ideas, and leave you equipped to elevate your school swimming offer.

***By the end of this workshop's delegates will:***

- *Identify practical strategies to strengthen your school's swimming programme through the championing of SEND and inclusion*
- *Integrating fun and impactful swimming activities across the school day*
- *Understand how to master the use of PE and Sport Premium digital reporting for swimming ensuring transparency, accountability, and driving real progress.*

## **Moving from pupil voice to pupil experience - gathering insights to deepen our understanding of PE, Sport and physical activity in our setting – Ian Holmes**

We routinely collect quantitative data (physical activity assessments) and qualitative insights (pupil voice surveys and focus groups) about children's physical activity. But how effectively does this information help us - and them - understand how to improve their activity levels and long term relationship with physical activity?

This workshop explores how schools have used the new Physical Literacy Pupil Voice resource, developed through Sport England's Positive Experiences Collective. You'll also have the chance to consider its value within your own school, especially in preparation for the 2028 curriculum.

The session is delivered by Ian Holmes, former headteacher and co-author of *How to Move & Learn*. Since leaving headship, Ian has worked on regional, national and international whole school physical activity projects and volunteers as a Community Golf Instructor supporting the Golf Foundation's "Unleash Your Drive" programme.

***By the end of the workshop, delegates will be able to:***

- *Interpret and use physical activity and pupil voice data more effectively to understand children's behaviours, motivations and long-term relationship with physical activity.*
- *Apply the Physical Literacy Pupil Voice resource to their own school context*

- *Design or refine whole school approaches to physical activity using insights, examples and practical strategies*

## **Leading Primary PE with Confidence: Effective Practice for Subject Leaders - Alex Ogden and Nathan Barthrop, Yorkshire Sport Foundation**

This workshop equips Primary PE Subject Leaders to confidently lead their subject at a time of significant national change. Delegates will explore how the revised Ofsted inspection framework places greater emphasis on curriculum quality, inclusion, leadership, and how PE contributes to whole school priorities.

We will examine how the Curriculum and Assessment Review (2025) is reshaping expectations for PE - such as revisiting PE aims across all key stages, strengthening fundamental movement skills, protecting curriculum time, improving dance provision, and ensuring participation for all pupils including those with SEND.

Delegates will also explore the implications of the forthcoming Enrichment Framework, which will provide national benchmarks and guidance for ensuring equitable access to high-quality enrichment opportunities, including sport, physical activity, nature-based learning and life skills.

### ***By the end of this workshop's delegates will be able to***

- *Apply the updated Ofsted 2025 framework to strengthen PE leadership and provision*
- *Align their PE curriculum with the latest national Curriculum Review recommendations*
- *Integrate enrichment strategically as part of a whole-school PE and physical activity offer*

## **Workshop 3 slot – 1.30pm-2.40pm**

Choose one of the following –

### **Making it stick! Embedding a whole school approach to physical activity with a focus on active learning - Tranmoor Primary School**

Considering a way to embed physical activity into classroom practice at your school? Are you keen to ensure that children receive their 60 active minutes and are part of stimulating, engaging learning in all subjects? Join us as we introduce you to Tranmoor

Primary School's approach to physical activity, and how we ensure that it is everyone's responsibility.

*By the end of this workshop's delegates will:*

- *have some ideas for ways that PA can be embedded into their curriculum.*
- *have ideas to engage and hold to account those who may not see PA as a priority.*
- *understand the significance of PA in a mainstream primary school.*

## **Extra-curricular enrichment supporting pupil mental health**

**Nathan Fawley** HE Lecturer – Sport and Programme Lead - BSc Sport, Health and Coaching Science, Doncaster College

Focussing on the outcomes of his recent research from across the world, Nathan will explore how extracurricular enrichment—across sport, physical activity, creative pursuits and community engagement—can play a powerful role in supporting pupil mental health and wellbeing. The session will unpack global case studies, highlight which enrichment approaches have the strongest impact, and consider how these findings translate meaningfully to primary and secondary school contexts.

Delegates will also examine practical, scalable strategies for designing enrichment that improves resilience, belonging, motivation and emotional regulation for all pupils, including those facing disadvantage or additional needs.

*By the end of this workshop delegates will:*

- Understand key findings from global research on how different forms of extracurricular enrichment positively influence pupil mental health, wellbeing and sense of belonging.
- Identify effective enrichment models and principles that can be adapted to their own school setting to enhance engagement, support vulnerable pupils and reduce wellbeing-related barriers to learning.
- Develop practical strategies for planning, delivering and evaluating enrichment offers that promote sustained improvements in pupils' emotional wellbeing, resilience and overall school experience.

## **Using Physical Education, school sport and physical activity as a tool to reengage pupils**

## Using PE, School Sport and Physical Activity as a Tool to Reengage Pupils

This practical and interactive workshop explores how physical education, school sport and broader physical activity can be powerful levers for re-engaging pupils who have become disconnected from learning, school routines or positive social behaviours. Through evidence informed strategies, real-world examples and hands-on activities, participants will discover how movement-rich environments can rebuild confidence, foster belonging, and improve readiness to learn. Attendees will leave with practical approaches that can be embedded immediately into curriculum PE, extracurricular sport and active learning across the school day.

*By the end of the workshop delegate will:*

*Understand how physical activity influences pupil engagement, wellbeing and behaviour, and recognise the early signs of disengagement in different school settings.*

*Explore a range of PE and school sport approaches—including inclusive practice, motivational climates and pupil-led activity—that support re-engagement and build positive attitudes to learning.*

*Develop practical strategies to integrate movement into the wider school day, using physical activity as a vehicle to strengthen relationships, increase participation and improve overall school connectedness.*