

# Summer's Story

**Summer had an incredible time at camp this May Half-Term, diving into her all-time favourite game, dodgeball and discovering a new love for benchball, a sport she'd never played before.**



“Summer was an extremely kind member of camp, always asking the Coaches if we needed any help and always supporting other members of camp.”

**Aleksy Marzec, Education and Community Sports Coach**

Meet Summer, age 9, who joined us again at Carcroft Camp during the May Half-Term for a fun-filled week of physical activity and new adventures. Having attended our camps before, Summer was excited to return, she sees them as a great way to stay busy and active during the school break, instead of being stuck at home with little to do.

## **Building Healthy Habits Beyond Camp**

Outside of Fusion Camp, Summer enjoys staying active and typically gets around an hour of physical activity a day, depending on her routine. For her, the camp isn't just about fun, it's also about structure. Like many children, Summer can find it challenging to maintain a routine over the holidays, and the camp helps bridge that gap, making the transition back to school much smoother.

When she's not at camp, Summer enjoys a healthy balance of screen time and outdoor play, often spending time on her PlayStation but also making the most of the fresh air outside. Camps like ours provide a brilliant way to reduce screen time further and encourage social interaction through physical activity and teamwork.

## **Summer's Highlights of Camp**

One of Summer's favourite Fusion Camp activities is dodgeball. She proudly shared, “I'm really good at it, at school, they call me the Queen of Dodgeball!” Her confidence shines through when she plays, and her beaming smile and boundless energy are infectious. It's a joy to see her so passionate and enthusiastic about a sport she loves.

## Taking on New Challenges at Camp

While camps give children the chance to enjoy their favourite games, they also introduce them to new experiences. This half-term, Summer discovered a love for Benchball, a sport she quickly took to and wanted to play every single day. She also challenged herself by learning how to grip and climb a rope, something she'd never done before. Watching her take on new challenges with such enthusiasm was a proud moment for all of us. Beyond the physical activity, what Summer loves most about Fusion Camp is the friendships she builds along the way. Being at camp gives her the chance to meet new friends outside of school, friends she now plays with even after camp ends. For Summer, camp isn't just a place to stay active; it's a space to connect, laugh, and build lasting friendships, making it a truly valuable social experience.



## Building Bonds and Lasting Friendships at Camp

Summer has built a strong bond with our coaching team, especially Coach Aleksy, who she describes as “really funny and kind.” She knows he’s always there to support her, making sure she feels included in every activity. Our coaches are committed to creating an environment where every child feels seen, encouraged, and gently pushed beyond their comfort zones to try new things and discover new passions. At the start of the week, Summer was a little shy, mostly sticking with the children she already knew from school. But as the days went on, her confidence began to grow. By the end of the week, she had formed new friendships with children she had never met before and was fully immersed in camp life. With her warm and caring nature, Summer quickly became a valued member of the group, always ready to lend a hand to the coaches and showing kindness to others. Watching her grow in confidence and connection has been a highlight of the week. We can't wait to see Summer at our upcoming camps.



**I really love  
making new  
friends on camp  
and I can't wait for  
the next one to  
make even more  
friends.**

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