

Workshops Round 1

Choose 1 of 3



Create & Move with The Royal Opera House

Create & Dance (KS1&2) is an inclusive approach to leading dance and storytelling that helps pupils develop creative collaboration, physical learning, spatial awareness and general health and well-being.

In this taster, teachers will:

- Be introduced to the building blocks pedagogy which enables creative approaches to leading dance for the national curriculum.
- Understand how the teacher can unlock children's creativity through creative and inclusive dance practice.
- Find out more about ROH live lessons and digital resources which support programme delivery in school.

Subject Leaders Guide to PE

This workshop will support new Primary PE Subject Leads to further understand their role and ask key questions around their PESSPA provision in school. The workshop will signpost schools to further resources and partners who will be able to support where appropriate and will allow time for schools to analyse their provision and priority areas around subject leadership, curriculum PE and wider opportunities for pupils to be physically active.

Team Up Kids

Meet the 'Brainy Bunch', a family of brain parts and brain chemicals, which help us to understand our brain and how it is linked to our body and emotions. Hear how physical activity impacts the brain, our wellbeing and readiness to learn. See how the innovative Team Up programme could positively impact the health and wellbeing of your whole school - with movement at it's core.

Workshops Round 2

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- Find out more about ROH live lessons and digital resources which support programme delivery in school.

Increasing physical activity through PE and Sport Apprenticeships

Lead by Doncaster School and apprentices. This workshop will explore how PE and Sport apprentices has enabled their school to offer more opportunities in PE, sport, active learning, clubs and leadership. Creating a sustainable legacy of their use of the PE Premium.

Supporting SEND Students in PE - Jill Newbolt Inclusion Lead - Abbey School.

This fun interactive workshop will consist of theoretical and practical ways to make your PE lessons as inclusive as possible. You will be able to share the challenges you have in delivering inclusive PE and take away tangible ideas and strategies to ensure all pupils can be actively involved. We will also explore the STEP principle and develop an understanding of the philosophy 'Belief, Belonging and Butterflies' and how it can be embedded in lessons.

Workshops Round 3

Choose 1 of 3



Supporting SEND Students in PE - Jill Newbolt Inclusion Lead - Abbey School.

This fun interactive workshop will consist of theoretical and practical ways to make your PE lessons as inclusive as possible. You will be able to share the challenges you have in delivering inclusive PE and take away tangible ideas and strategies to ensure all pupils can be actively involved. We will also explore the STEP principle and develop an understanding of the philosophy 'Belief, Belonging and Butterflies' and how it can be embedded in lessons.

Mind Body Matters

Teacher wellbeing has reached its lowest level in five years, with stress, insomnia and burnout all continuing to rise and working in schools. Teachers look after societies children and young people but are you taking care of yourself. This 45 minute session is all about you. A time to unwind, relax and take part in a mind and body session.

You Choose You Move

You choose 3 topics you are interested in and experience 15 minute bursts of information through moving to your chosen tables. Topics will range from Girls and Womens Football, School Games, PE Networking, Creating an active school along with some great local organisations who have innovative ideas to share.