

Level 4 Sports Coach/ Level 4 Dance Practitioner

Time Duration: 18 months

What are the entry requirements for this standard?

English and Maths: Apprentices without Level 2 English and Maths will need to achieve this level prior to progressing through the Gateway and taking their end-point assessment.

What are the possible pathways?

Successful apprentices will be able to move into senior roles within the Sector – leading teams of people or specialising with certain populations, particular sports or programmes.

During this course you'll be expected to demonstrate:

KNOWLEDGE

- Coaching philosophies and professional practice
- Transformational coaching methods and strategic planning techniques
- Positive learning environment attributes and behaviour management strategies
- Methods to measure the impact of coaching strategies through analysis of key indicators
- Session planning techniques that consider a child's unique profile and development needs
- Session delivery and adaptation techniques that inspire children through tailored coaching

SKILLS

- Plan safe, inclusive and effective sessions that consider participants' development needs
- Proactively respond to national trends in education standards and strategies
- Prepare for sessions by organising resource and ensuring safe operating procedures
- Evaluate sessions to monitor engagement, enrichment and personal development
- Enhance coaching competencies and inter intra-personal skills through CPD
- Comply with legal, ethical, effective and efficient coaching systems

BEHAVIOURS

- Act as an ambassador for the organisation and sector
- Lead by example; act with integrity, build trust and demonstrate respect for others
- Committed to equality, diversity, human rights and safe practice
- Adapt when dealing with challenges by maintaining focus and being flexible to change
- Challenge the status quo to foster new ways of thinking and working
- Consider participants' unique needs and tailor solutions to meet their needs