

# Toby's Story

**Active Fusion's Community Leaders project helped Toby gain confidence and be the leader he always wanted to be.**



*The Community Leaders project has had such a positive change in Toby's mindset. His confidence has increased significantly in both school and coaching.*

**Kingsley Berry, Leadership and Employability Officer.**

Toby was a very active young person when he came to Active Fusion. He played in the school team and played for a local community team. He had a lot of energy and was very sociable but when it came to communicating in school and in more formal education /learning, he could sometimes lack self-belief.

In the first few sessions at Fusion Community Leaders Toby was slightly reserved and wouldn't offer his answers unless called upon. From being heavily involved in football he was able to offer good answers on football related topics/activities but struggled when other sports were involved. With support from the Active Fusion Coach, he was able to grow in confidence over the weeks developing his self-belief. This resulted in Toby responding proactively, with the quality of his responses improving.

When it came to practical sessions, Toby could confidently design and deliver a football related drill/activity but like theory-based sessions, struggled with doing something similar with a different sport. Over the weeks by giving him time to plan activities in pairs/small groups, he started to plan and deliver small activities in other sports such as Basketball.

Towards the end of our work together he was able to think on his feet and adapt rules to make sure the activity remained engaging.

Toby volunteered his time to run activities in his community within the Fusion Youth project where he worked with young people from the local primary school. He ran a football focussed session in a pair where from feedback he ran a 'confident session which was engaging for all'.

Toby also engaged with another leadership project from Active Fusion called 'Doncaster Elite Academy' (Commonwealth Games funded) where he was able to further demonstrate and improve his leadership skills by receiving training. He also volunteered over 30 hours per week on Active Fusion Camps over the Summer.



**Providing a place to learn after-school hours, throughout Doncaster.**

**Our Fusion Fund supported by Well Doncaster, offers the opportunity for locally based groups to apply for up to £1,000 to help nurture positive change and sustain provisions, which will be youth lead.**



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