



Be Happy. Be Healthy. Be Active



TRANSITION FUSION
SUMMER CAMPS
2021

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MORE THAN JUST A SPORTS CAMP

Ask one of many students what they experienced this summer but be prepared for a long answer. With over 20 different sports, physical activities, elite athlete master classes, first aid, cooking, nutrition, literacy, drama, music, arts and crafts, inflatables and dance making up the programme.

Dig a little deeper and you will hear about how the newly formed relationships and lasting friendships have helped them feel more confident about their transition up to secondary school. The transition camps focused on using physical activity to improve the way young people think and feel enabling them to start the new academic year feeling less anxious and with a positive mindset to learn. Combining positive social interactions, personal progress, fun, friendship and fitness.

We know we are stronger together and this extends beyond the Fusion Family. Thank you to everyone who made camp a magical experience for so many students. To your school for opening up your facilities to the community and to the many staff and partners from the voluntary and community sector who enriched our Fusion Camp programme with a diverse range of creative and cultural opportunities. To the parents, who trust in us to safeguard their children and provide a positive experience to all. To the children and young people, who never fail to keep us on our toes and help us to stay grounded. However, the glue that holds all of this together are our heroes in red, the Active Fusion coaching team who bring their energy every day delivering with passion, pride and a positive mindset to make a difference to young lives.

To you all – we Thank You for a fantastic Fusion Summer 2021!



Director, Lindsay James





Transition

Making the transition
from primary to
secondary school



New Opportunities

Taking part in enriching
activities to support resilience,
character and mental wellbeing



Increased Confidence

Becoming more confident
through partaking in
different activities



Be Creative

Encouraged to be
creative through artistic
and practical sessions



Build Relationships

Building new relationships
with peers in a safe and
engaging environment



CAMPSMOUNT

4.45

star rating from
parents

4.39

star rating from
pupils

100%

of students said they
attended camp to
make new friends

90%

of students said they
would be more active as
a result of the camp

My son was a little nervous about attending the summer camp, but thankfully he came away, energised, pleased about meeting new people and had fun.

Campsmount Parent

Great initiative to keep children occupied in a safe environment where they get to keep fit, meet new students just before moving up to year 7.

Campsmount Parent

The Stats:

49

CHILDREN ATTENDED

214

TOTAL ATTENDANCE

19:30

MALE : FEMALE

12

SCHOOLS REPRESENTED

25

ACTIVITY HOURS



Campsmount Transition Camp

On the back of the success of providing active and healthy camps over the last 12 months, Active Fusion has provided it's biggest summer offer ever in 2021.

One of these programmes was to provide a transition camp for the new year 7's moving up to Campsmount Academy.

Children and young people were able to benefit from an array of sporting and physically engaging activities, including specialist sports lessons, fishing, first aid, arts and drama, cooking, healthy eating and fitness.

Campsmounts' senior leadership team and Active Fusion worked together to ensure all children would experience a positive transition into year 7 by building their self-esteem and confidence; reducing social isolation; provide an opportunity to make new friends and to improve their physical health and mental well-being.

Lindsay James was thrilled to see the camp in action and to speak to the students about what positive impact it was having on them.



Harrison's Story

Harrison aged 11, was making a huge transition from Kent to Campsmount to be close to family and go to the school his dad went to.

"I'm excited to start school at Campsmount, the school looks really good. The camp definitely has made me feel more confident. I love meeting other young people on camp who are also from outside of Doncaster like me."

"It's great there is so much to do I can't wait to do the fishing and drama. I've played football, basketball, taekwondo and been creative in art. The staff are really friendly, especially coach Luke who I find funny".



Ronnie's Story

Ronnie from feeder primary school, Askern Spa said she wasn't nervous about coming up to big school as she knows people here and has made more friends on camp.

"At the end of the day I feel sad to go, I'm better behaved for my mum as I go to bed early as I'm so tired from all of the exercise, if I wasn't here I would be sat on my tablet doing nothing".

Active Fusion continue to provide life changing positive experiences throughout the summer and beyond. Their support in Campsmount will continue after the summer training students to become positive role models as Sports Leaders inspiring their peers to be the best they can be.





HUNGERHILL

4.45

star rating from
parents

4.39

star rating from
pupils

100%

of students said they
attended camp to
make new friends

100%

of students said they
would be more active
as a result of the camp

My son had fun had a safe place
to play and mentally feels better
about himself whilst learning
new skills.

Hungerhill Parent

The staff met the needs of my
children and were
professional, organised,
friendly and approachable.

Hungerhill Parent

The Stats:

161

CHILDREN ATTENDED

381

TOTAL ATTENDANCE

85:86

MALE : FEMALE

27

SCHOOLS REPRESENTED

25

ACTIVITY HOURS



Hungerhill Transition Camp

After a morning of team building, inflatables and Karate, Active Fusion's Director, Lindsay, sat and listened to the young people while they refueled on their healthy lunches to find out how they were feeling about moving up to 'big school'. Hoping their sentiments were not just about playing it cool but were genuinely how they were feeling.

When speaking to a child at the camp, Lindsay asked if there was anything she was worried about moving schools, the child said "I'm not worried at all, I've met so many people and now I know a couple of people in my form". They talked about how much fun they had in the morning and how tired but energised they felt. They said they were looking forward to going on the inflatables and coming back tomorrow to learn first aid as it was something they had never done before but felt it was important to know.

It was strange to think that a year ago these young people had never met before, that they had spent months of home learning and isolation yet in this moment they were happy, connected and excited for the next stage in their lives.



Together Stronger - Simon's story (90-minute music)

This Summer, Active Fusion has seen over 3,500 attendances to our Fusion Camps, funded by the Department for Education's Holiday Activity Fund (HAF).

Children and young people participating in the 2021 summer programme will remember this holiday for a summer of fun and friendships, with coaches inspiring them to be more active, healthy and joyful in life.

We have seen first-hand the difference Camp activity makes to the children in need accessing our charitable support. Not only have they grown in confidence, they have developed skills for life inspired by the incredibly positive role models that have surrounded them for six weeks.

One of these role models is Simon Flynn, from 90 Minute Music. Working with the children at Camp, he has elevated their confidence to be creative and to find their creative voice through music production. Simon fell into DJing and music production inspired by someone "just giving him an opportunity" to be creative, now he is doing the same for others.

Lindsay James, Director of Active Fusion went along to Camp to see a 90MinuteMusic session in action. "As I watch Simon in action, I see how he captures the children's imagination within seconds". "Rule number one" he says to the children. They reply "We don't waste any time!"

We live in a world where we want instant results, experiences and feelings of success, after all there is no right or wrong in expressing yourself creatively. Simon creates this space for them instantly.

"I watch Simon as he weaves in subtle life lessons such as communication skills. Getting children and young people to communicate through a range of musical instruments, whilst locking in techniques such as observation for timing and direct eye contact to engage them all in his session".

This is a skill and something as a society we are losing every day. The ability to communicate and look people in the eye without staring at the sky or worse with our eyes fixed on a device! Even this activity with Simon's leadership, takes some of the children and young people out of their comfort zone.





Lindsay asked Simon what he has learned through working on the Active Fusion holiday programme. “I’ve not worked much with the younger children. They come out with some crazy things but I like to be surprised and be tested so it’s been a great experience. I’ve also learned from watching your team. How they manage behaviour and talk to young people. You have an incredible young team around you”.

Lindsay recalled how this remark certainly made her feel warm inside, after all she could only see the amazing work Simon was achieving, doing the very same thing, mentoring young potential musicians of the future, to achieve their potential during sessions and to hopefully aspire to a career themselves in music one day.

While Active Fusion specialises in sport, physical activity, dance and wellbeing we wanted to make sure the summer was truly wholesome, meeting the diverse interests of all children and young people. We could not have achieved this alone. Working in partnership with Simon and 15 other local organisations has enabled us to be stronger together, changing lives forever.

I delivered karate at Hungerhill over two days during the summer holidays. The students were of mixed ability and some had practiced martial arts before and some were trying it for the first time.

With karate featuring at the Olympic games Tokyo 2020 for the first time, I was aiming to raise awareness of the sport and the benefits it has on physical fitness and mental health. The students were fantastic and a pleasure to work with. The sessions worked on the fundamental movements of karate; footwork, kicks and punches and covered some Japanese terminology for some of the techniques.

Thank you to all our Partners for bringing joy and contributing to our Fusion Camps this year.



Kat Fewster



Thank you



For a **Active** summer
FUSION