















EASTER PE TIMETABLE



Active
FUSION



Keeping children active during the Easter half-term holidays

TIME	MONDAY 29/03/21	TUESDAY 30/03/21	WEDNESDAY 31/03/21	THURSDAY 01/04/21	FRIDAY 02/04/21
10 AM	 <p>CHALLENGE</p> <p><u>Head Shoulders Knees & Toes</u></p> 	 <p>CHALLENGE</p> <p><u>No Hands (Only Feet).</u></p> 	 <p><u>Work It Wednesday.</u></p> 	 <p>CHALLENGE</p> <p><u>Hungry Hippos</u></p> 	 <p>CHALLENGE</p> <p><u>Cushion Flip</u></p> 
12 PM	 <p>PE PARENT RESOURCE PACK</p> <p><u>Catching Lesson</u></p> 	 <p>PE PARENT 2 FREE RESOURCE PACK</p> <p><u>Cricket Challenge</u></p> 	 <p>PE PARENT RESOURCE PACK</p> <p><u>Throwing Accuracy.</u></p> 	 <p>PE PARENT 2 FREE RESOURCE PACK</p> <p><u>Football Challenge</u></p> 	 <p>PE PARENT RESOURCE PACK</p> <p><u>Balance & Catch</u></p> 
2 PM	 <p><u>Taekwondo Lesson 1</u></p> 	 <p><i>Primary</i> <u>Dance Lesson 1</u></p> 	 <p><u>PE with Tom - Ball Skills</u></p> 	 <p><u>Gymnastics Lesson 1</u></p> 	 <p><u>Funetics Lesson 1</u></p> 
4 PM	 <p>REC <u>Throwing Skills</u></p> 	 <p>REC <u>Fitness Session</u></p> 	 <p>REC <u>Balance & Agility</u></p> 	 <p>REC <u>Cricket Session</u></p> 	 <p><i>Secondary</i> <u>Dance Lesson 1</u></p> 










































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TIME	MONDAY 05/03/21	TUESDAY 06/03/21	WEDNESDAY 07/03/21	THURSDAY 08/04/21	FRIDAY 09/04/21
10 AM	 <p>Star Jumps</p> 	 <p>Sock Tennis</p> 	 <p>Work It Wednesday</p> 	 <p>Cup Challenge</p> 	 <p>Speed Bounce</p> 
12 PM	 <p>Tennis Lesson</p> 	 <p>Olympic Challenge</p> 	 <p>Battleships</p> 	 <p>Tennis Challenge</p> 	 <p>Jump the Stream</p> 
2 PM	 <p>Taekwondo Lesson 2</p> 	 <p><i>Primary</i> Dance Lesson 2</p> 	 <p>PE with Tom - Football Skills</p> 	 <p>Gymnastics Lesson 2</p> 	 <p>Funetics Lesson 2</p> 
4 PM	 <p>Scavenger Hunt</p> 	 <p>Multi Skills</p> 	 <p>Gymnastics</p> 	 <p>Hockey Session</p> 	 <p><i>Secondary</i> Dance Lesson 2</p> 