

Active Start



Active Fusion focuses on improving the mental health and wellbeing of 3-7 year olds through ABC - Agility, Balance and Coordination.

Active Start is a great way to engage the whole family.

Active Start themes:

- Dance*
- Ball Skills (catching, throwing, kicking, dribbling)
- Gymnastics
- Striking & Fielding
- Funetics (athletics)
- Orienteering
- Invictus Games (inclusive)
- Yoga*
- Taekwondo*
- Balance bikes

Choose a theme in 6-week blocks.



Prices range from
£180 for 6 sessions

*priced at £240.

£4 per child per session

(minimum 10 children required to run a session).



For more information, please contact
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