



Primary Physical Education Teaching Tips

Using Physical Education and Physical Activity as a tool to support pupils' wellbeing



Pupils should **remain** and work in their own area*
*Use cones or chalk to mark out areas where applicable.



Pupils should **not share** equipment in the lesson*
*Equipment should be cleaned both before and after use.



Games should not involve **physical contact** against an opponent or team



Make lessons **safe** but put **FUN** at the forefront of any learning delivered



PE should include physical, cognitive social and emotional **outcomes**



Celebrate success and pupils personal achievements



Pupils should **wash their hands** before and after each PE lesson



Use PE and PA to support the **wellbeing** of your pupils'



Lessons should be **active, but learning focused** with a clear purpose

NB: All activities should follow Government Guidance in response to COVID-19 and afPE safe practice guidelines.

