

**Girls Football Challenge**

**How do I get involved?**

* Complete the below Log Sheet and Hidden Player Quiz each day!
* Ask an adult to like our Facebook page
* If you would like to take part and have not got access to Facebook let us know and we will find a way for you to be involved!
* On completion we will send a certificate to your school ready for when you return!
* If you would like anymore information please contact [hannah@activefusion.org.uk](mailto:hannah@activefusion.org.uk)

**What will you need?**

* A football or ball
* Some inside or outside space!
* Household objects or markers
* You may need an adult to help with some challenges

**Who can take part?**

* Anyone aged between 4-16 years old

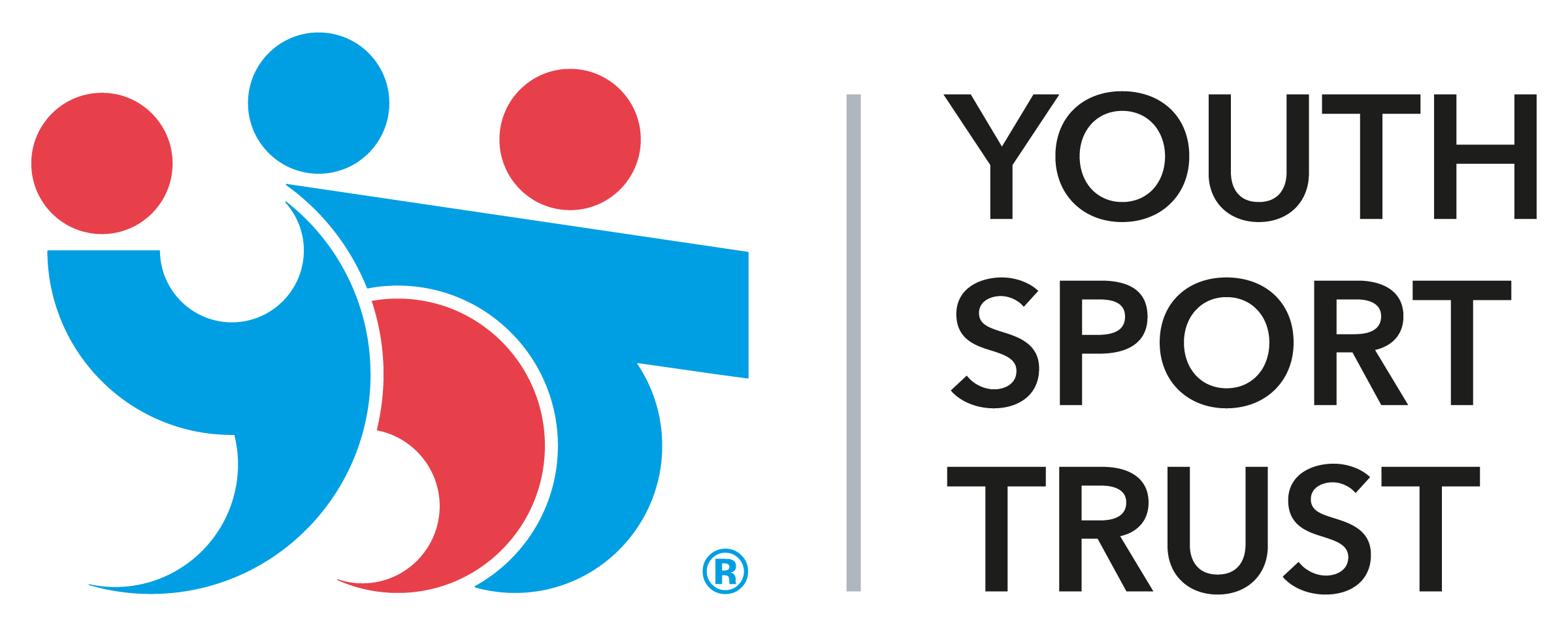
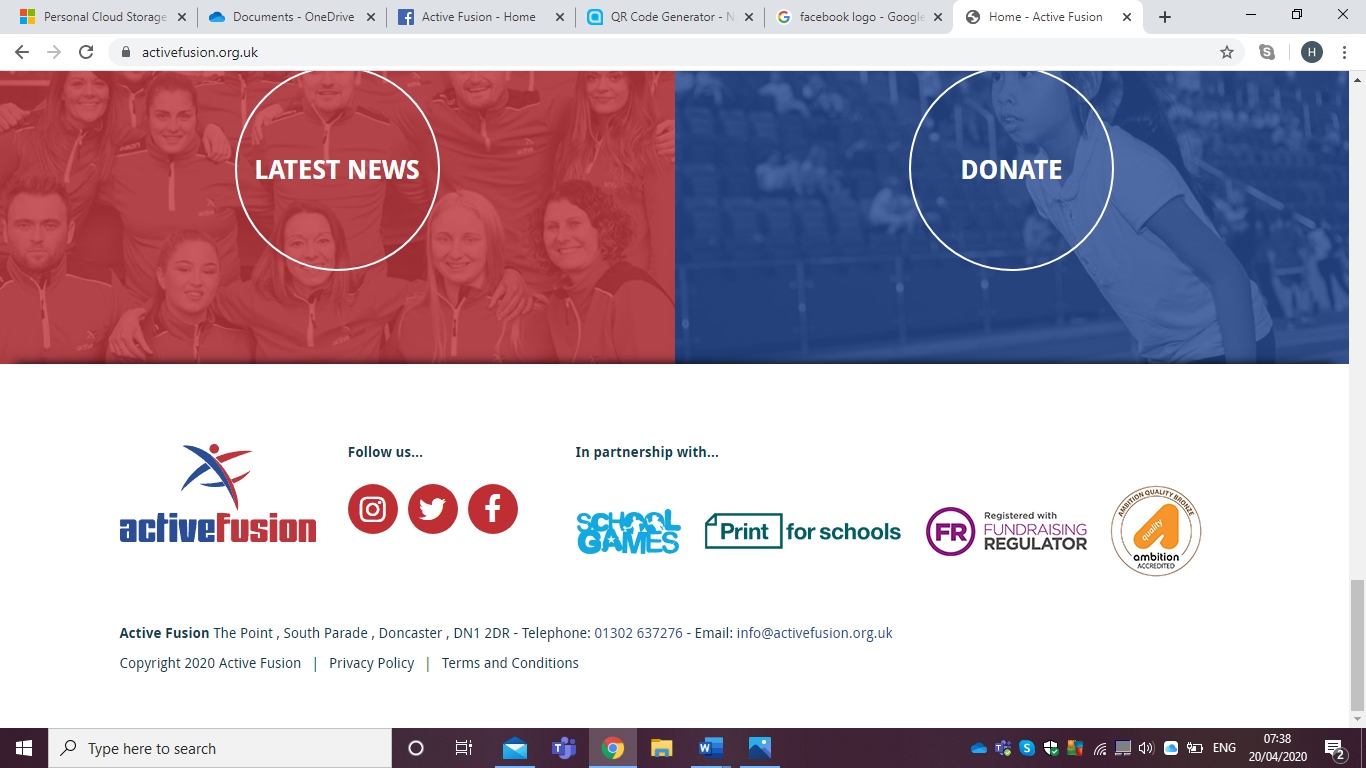
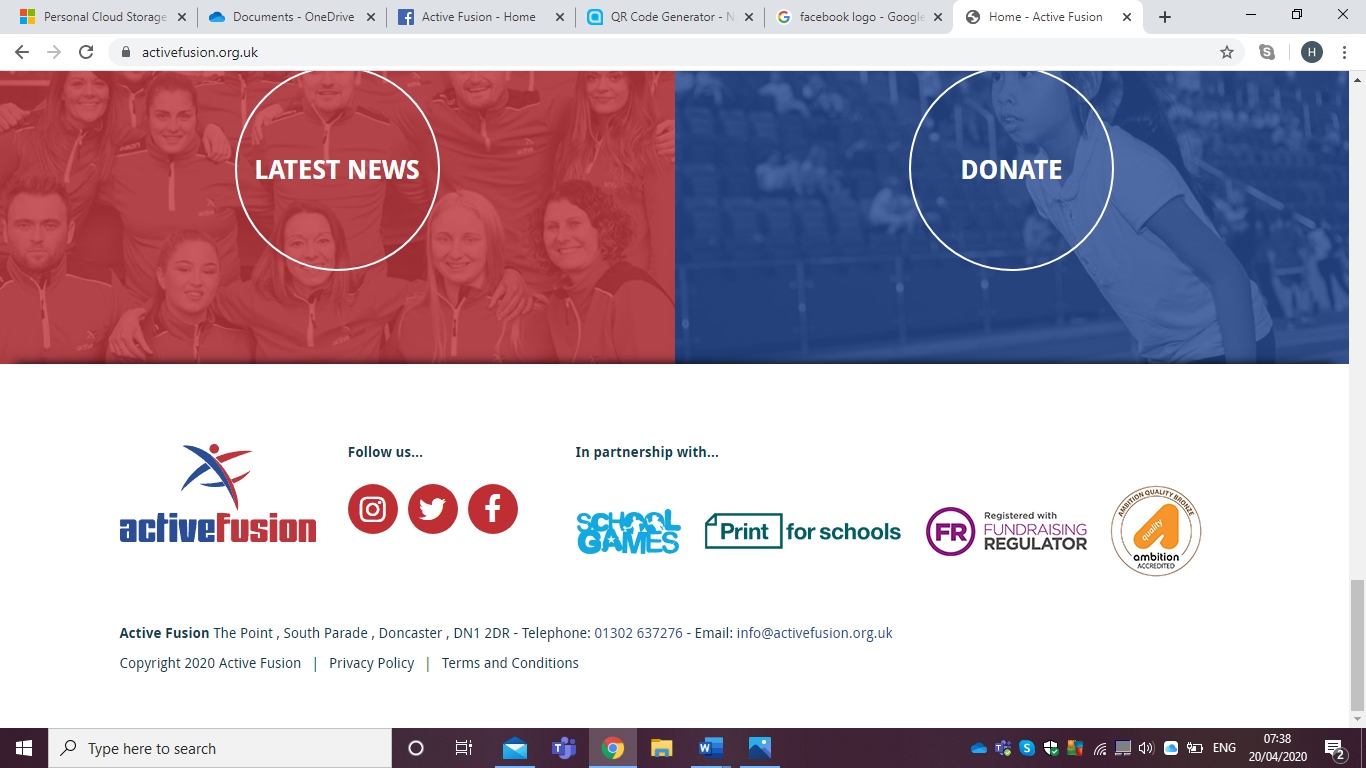
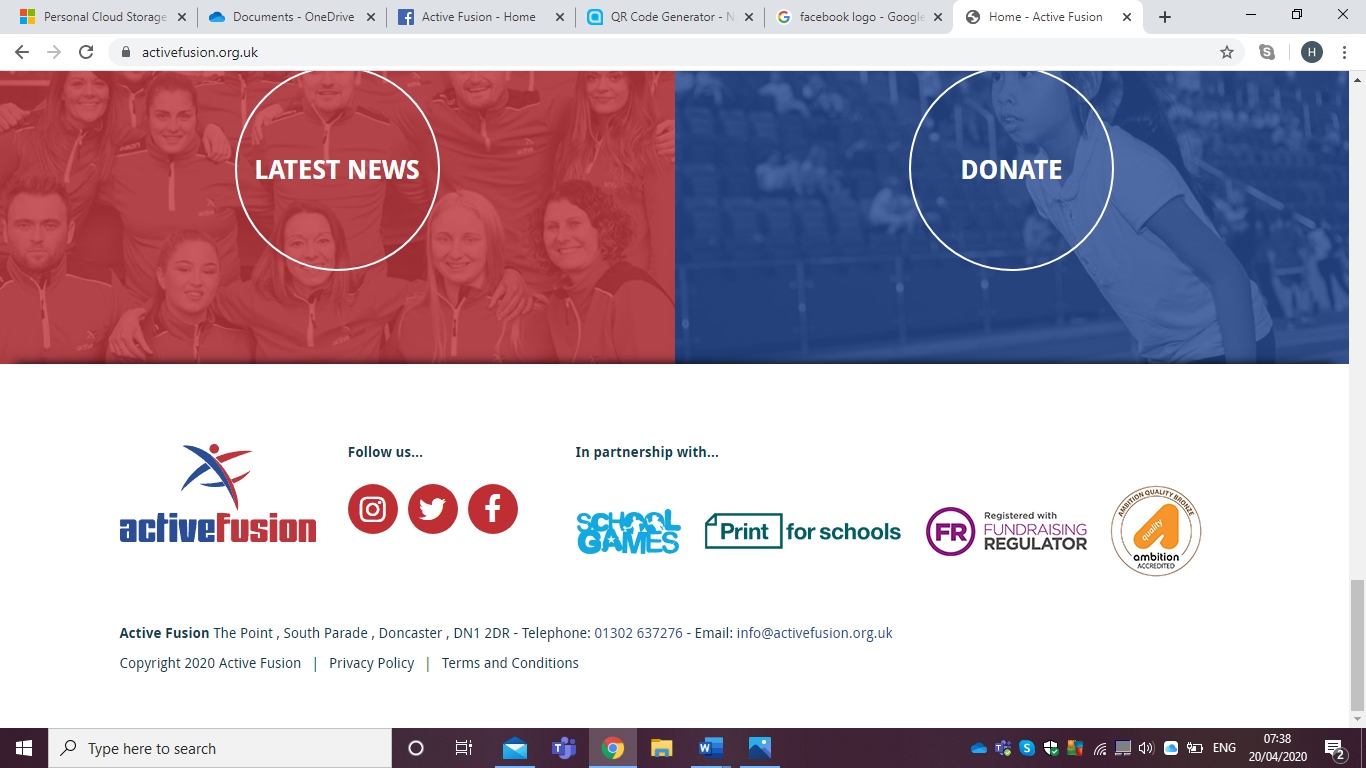
**What does the competition involve?**

* Watch our daily challenge video at 10am on our Facebook page
* Complete the challenge to your best ability and record your score
* See how coach Hannah got on at 3pm, along with the answer to the Hidden Player quiz!
* Once you have completed all the challenges and the Hidden Player quiz send your entry to [hannah@activefusion.org.uk](mailto:hannah@activefusion.org.uk) by Friday 6th June.
* Only Schools in Doncaster can win the Girls Football Festival, but all entry will go into a draw to win a football!

**\*\*\*WIN\*\*\***

**a Girls Football Festival for your school!**

**\* Doncaster Schools Only\***

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**Girls Football Daily Challenge Logbook**

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Name:**  **School:** | | | | **1**  Knee  Ups  **Score:** | **2**  Speed  Bounce  **Score:** | **3**  Target  Shoot (RF)  **Score:** |
| **4**  Gate  Challenge  **Score:** | **5**  Step  Overs  **Score:** | **6**  Object  Dash  **Score:** | **7**  Boxing  Challenge  **Score:** | **8**  Dizzy  Penalties  **Score:** | **9.**  Dribble  Slalom (LF)  **Score:** | **10**  Ladder  Challenge 1  **Score:** |
| **11**  Reaction  Game  **Score:** | **12**  Right  Foot Passes  **Score:** | **13**  Sprint  Challenge  **Score:** | **14**  Dribble  Slalom (RF)  **Score:** | **15**  Target  Shoot (LF)  **Score:** | **16**  Ladder  Challenge 2  **Score:** | **17**  Backwards Slalom  **Score:** |
| **18**  Endurance  Shuttles  **Score:** | **19**  GK  Catches  **Score:** | **20**  Stop in  the Box  **Score:** | **21**  100  Touches  **Score:** | **22**  Ladder  Challenge 3  **Score:** | **23**  Dribble  Slalom  **Score:** | **24**  Football  Skittles  **Score:** |
| **25**  No Hands  Just Feet  **Score:** | **26**  Passing Challenge  **Score:** | **27**  Toe Taps  Challenge  **Score:** | **28**  Left Foot  Passes  **Score:** | **29**  Sidestep  Challenge  **Score:** | **30**  Obstacle  Course  **Score:** | **31**  **Submit your Logbook to us!** |

**Hidden Player Quiz!**

Write the name of the player on the correct day!

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Name:**  **School:** | | | | **1** | **2** | **3** |
|  |  |  |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
|  |  |  |  |  |  |  |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
|  |  |  |  |  |  |  |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
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| **25** | **26** | **27** | **28** | **29** | **30** | **31** |
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