

**Girls Football Challenge**

**How do I get involved?**

* Complete the below Log Sheet and Hidden Player Quiz each day!
* Ask an adult to like our Facebook page
* If you would like to take part and have not got access to Facebook let us know and we will find a way for you to be involved!
* On completion we will send a certificate to your school ready for when you return!
* If you would like anymore information please contact hannah@activefusion.org.uk

**What will you need?**

* A football or ball
* Some inside or outside space!
* Household objects or markers
* You may need an adult to help with some challenges

**Who can take part?**

* Anyone aged between 4-16 years old

**What does the competition involve?**

* Watch our daily challenge video at 10am on our Facebook page
* Complete the challenge to your best ability and record your score
* See how coach Hannah got on at 3pm, along with the answer to the Hidden Player quiz!
* Once you have completed all the challenges and the Hidden Player quiz send your entry to hannah@activefusion.org.uk by Friday 6th June.
* Only Schools in Doncaster can win the Girls Football Festival, but all entry will go into a draw to win a football!

**\*\*\*WIN\*\*\***

 **a Girls Football Festival for your school!**

**\* Doncaster Schools Only\***



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**Girls Football Daily Challenge Logbook**

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Name:****School:** | **1**Knee Ups**Score:** | **2**Speed Bounce**Score:** | **3**Target Shoot (RF)**Score:** |
| **4**GateChallenge**Score:** | **5**Step Overs**Score:** | **6**Object Dash**Score:** | **7**BoxingChallenge**Score:** | **8**DizzyPenalties**Score:** | **9.**Dribble Slalom (LF)**Score:** | **10**Ladder Challenge 1**Score:** |
| **11**Reaction Game**Score:** | **12**Right Foot Passes**Score:** | **13**SprintChallenge**Score:** | **14**Dribble Slalom (RF)**Score:** | **15**Target Shoot (LF)**Score:** | **16**LadderChallenge 2**Score:** | **17**Backwards Slalom**Score:** |
| **18**Endurance Shuttles**Score:** | **19**GKCatches**Score:** | **20**Stop inthe Box**Score:** | **21**100Touches**Score:** | **22**LadderChallenge 3**Score:** | **23**Dribble Slalom**Score:** | **24**FootballSkittles**Score:** |
| **25**No Hands Just Feet**Score:** | **26**Passing Challenge **Score:** | **27**Toe TapsChallenge**Score:** | **28**Left Foot Passes**Score:** | **29**Sidestep Challenge**Score:** | **30**Obstacle Course**Score:** | **31****Submit your Logbook to us!** |

**Hidden Player Quiz!**

Write the name of the player on the correct day!

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| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Name:****School:** | **1** | **2** | **3** |
|  |  |  |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
|  |  |  |  |  |  |  |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
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| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
|  |  |  |  |  |  |  |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |
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